

Spiritual Growth Assessment

Anyone who professes to accept Jesus Christ as his or her personal Lord and Savior is a disciple of Christ. The question for Christians is not “Do I want to be a disciple?” but rather “Do I want to grow as a disciple?” Therefore, in order to grow as a disciple of Christ, it requires us to continue learning, growing, and maturing in our spiritual journey.

We have identified six key areas of spiritual health to help you know what that looks like. We feel that a fully devoted follower of Christ will:

1. Exalt God by worshipping Him both personally and corporately.
2. Grow in spiritual maturity with regular Bible study, reading, and prayer.
3. Connect with a Church family through various Christian groups and fellowship.
4. Love and serve others unselfishly.
5. Share Christ with other people.
6. Prepare other people to be fully devoted followers of Christ.

Sometimes it is difficult to know how we are doing in these areas. So we have developed this Spiritual Growth Assessment with questions that is aimed at each of these six areas. The questions will help you to evaluate your spiritual journey and focus on areas that need strengthening. Follow these simple steps to complete the process.

1. **Complete the Spiritual Growth Assessment.**

Before completing your responses, ask God to guide your evaluation. The statements require a subjective response and His guidance is the key to an accurate assessment.

2. **Complete the Self-Scoring Sheet**

Carry your numerical value of each question over to the Self-Scoring Sheet and total each column. After you complete the steps on the score sheet, plot your points on the graph.

3. **Begin Work on your Personal Growth Plan**

The Personal Growth Plan (PGP) will help you formulate an intentional plan for spiritual growth. After completion, share with your Small Group Leader, mentor, accountability partner, or pastor who will help you carry out your plan. Utilize the numerous resources from the Passport to Life in determining your PGP. The PGP will help you on your journey as you grow in your relationship with God and become a fully devoted follower of Christ.

Spiritual Growth Assessment

Avoid rushing as you complete this personal assessment.

Use the scale below to respond to each statement below.					Response
Never – 1	Seldom – 2	Occasionally – 3	Frequent – 4	Always – 5	
1. Attending weekly worship services takes priority in my schedule.					
2. Prayer is a part of my daily life.					
3. When there are problems in my relationship with others, I seek to resolve them.					
4. I feel comfortable explaining my beliefs to others.					
5. I connect with others for the purpose of helping them grow toward maturity in Christ.					
6. My daily activities show that God is my highest priority					
7. My daily routine includes Bible reading and study.					
8. I have a passion for sharing God with people in other cultures.					
9. My circle of healthy, transparent relationships is growing.					
10. I receive joy from giving my time and talents to my church.					
11. I look for opportunities to share my faith with others.					
12. Worship prompts me to give thanks to God.					
13. I consider myself as a teacher of the Word of God.					
14. Those closest to me would say my life is a reflection of giving more than receiving.					
15. I meet regularly with a group of Christians for fellowship and accountability.					
16. I use my time and resources to bless or help others.					
17. I have an easy time receiving advice, encouragement and correction from other Christians.					
18. When I pray, it changes how I view and interact with the world.					
19. I am growing closer to a group of Christians.					
20. I read or listen to spiritual growth resources.					
21. I am developing myself as a leader who can impact the spiritual growth of others.					
22. I look for opportunities to build relationships with those who don't know Jesus.					
23. I enjoy meeting the needs of others without expecting anything in return.					
24. I tithe 10% of my income to my place of worship.					
25. I am developing a specific list of people with whom to witness.					

Use the scale below to respond to each statement below.					Response
Never – 1	Seldom – 2	Occasionally – 3	Frequent – 4	Always – 5	
26. When life changes or issues arise, I seek biblical answers through spiritual resources.					
27. I am confident in my ability to share my faith.					
28. I am a catalyst in helping other people connect with each other.					
29. I receive strength from praising God.					
30. I look for ways to use my God-given abilities to help others.					
31. I am comfortable in communicating Biblical truths to others.					
32. I seek out people to invite to church events or services.					
33. I am able to praise God through difficult times.					
34. I give my time or resources to global mission projects.					
35. Worship causes me to have an attitude of wonder and awe toward God.					
36. My bible reading/study increases my faith in God.					
37. Other people seek me out for spiritual guidance.					
38. When temptation arises, I pray for Godly wisdom.					
39. I feel personal responsibility to share my faith with those who don't know Jesus.					
40. I am quick to confess anything in my character that does not look like Christ.					
41. I see my painful experiences as opportunities to minister to others.					
42. My Christian group helps me grow in my relationship with God.					
43. I seek out other Christians to help me move forward in my spiritual life.					
44. I help others understand how to share their personal testimony.					
45. As part of my Christian responsibility I help others become a disciple of Jesus Christ.					
46. I help people become involved in serving others.					
47. I participate in local mission or community service projects.					
48. I attend a corporate worship service.					
49. I meet regularly with a group of Christians for accountability.					
50. I invite others to church events or services.					
51. I give beyond my regular tithe to missions or ministry projects.					
52. I look to other Christians for spiritual encouragement.					
53. I allow people in my Christian group to know the real me.					

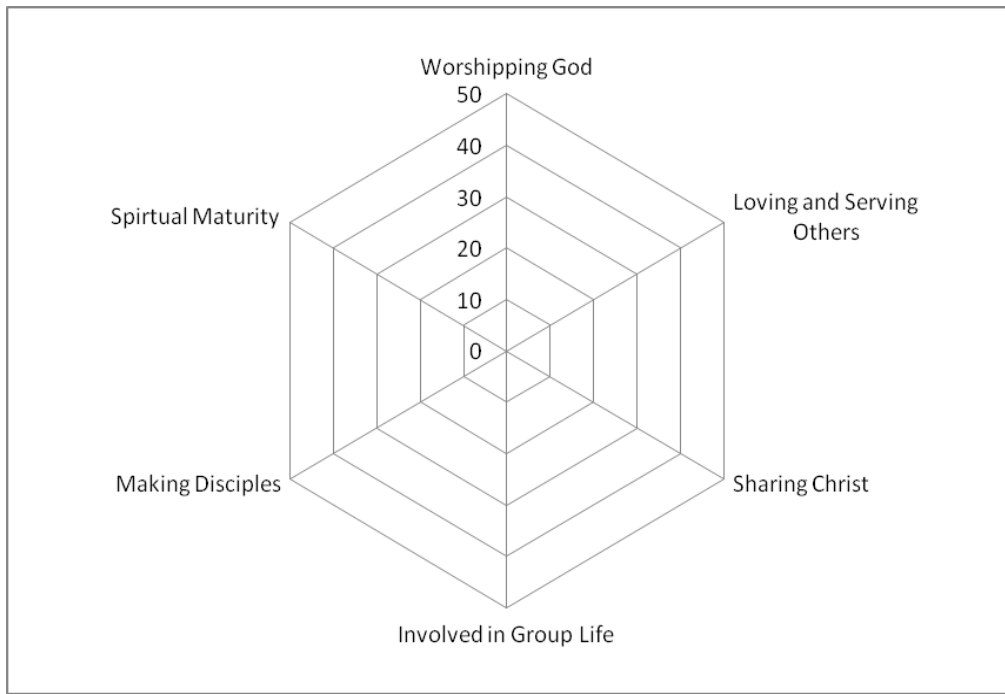
Use the scale below to respond to each statement below.					
Never – 1	Seldom – 2	Occasionally – 3	Frequent – 4	Always - 5	Response
54. I feel closer to God when I am worshipping.					
55. I model my faith in a way that others will see Christ in me.					
56. My service in a local mission/community project brings me joy.					
57. I am pursuing habits that are helping me become more like Jesus.					
58. I share my personal testimony with others.					
59. I have a group of Christian friends that I can call on when there is a crisis in my life.					
60. I receive spiritual renewal when attending church worship services.					

SELF-SCORING SHEET FOR SPIRITUAL GROWTH ASSESSMENT

- Place the numerical value that you assigned each question on the line corresponding to the question number in the area below.

Worshipping God		Spiritual Maturity		Loving and Serving Others		Sharing Christ		Involved in Group Life		Making Disciples	
1		2		3		4		9		5	
54		6		10		8		15		13	
12		7		14		11		17		21	
24		18		16		22		19		28	
29		20		23		25		42		31	
33		26		30		27		43		37	
35		36		34		32		49		44	
48		38		41		39		52		45	
51		40		47		50		53		46	
60		57		56		58		59		55	
Total		Total		Total		Total		Total		Total	

- Add the values in each of the above columns and place them in the "Total" block in that column.
- Plot your points on the graph on the next page. Those farthest out on the ring are your stronger areas and those that are nearer the center are the areas that you may want to seek help in.



Personal Growth Plan

1. Enlist an accountability partner who will agree to do the following:
 - a. Meet with you to overview your assessment and pray with you about your PGP.
 - b. Meet with you at least once a month to discuss your progress on your PGP.
 - c. Affirm your successes and challenges you to stay focused on spiritual growth.
 - d. Prays regularly for you.

My accountability partner will be _____

2. Which area or areas in your spiritual journey do you need to grow in?

What resource/action step would you like to pursue?

3. My top three spiritual gifts are: _____

4. My passion for ministry is: _____

5. My personal ministry plans for the next year are: _____

6. My personal Bible reading plan for the next year is: _____

Notes